

I TESTED POSITIVE FOR COVID-19

Isolate for 5 days regardless of vaccination status

I DON'T FEEL SICK

ISOLATE:

Stay at home and away from others within the household for **5 days** after test date.

Wearing a well-fitting mask around other people for an additional 5 days is highly encouraged.

I FEEL SICK

ISOLATE:

Stay at home and away from others within the household for **5 days** after symptom onset. If symptoms are **getting worse**, call your doctor for guidance and treatment options or **dial 911**.

Wearing a well-fitting mask around other people for an additional 5 days is highly encouraged.



Steps to take while isolating:

- Eat in a separate room or area; use a separate bedroom and bathroom. If sharing a bathroom, clean and disinfect after each use.
- Avoid sharing personal items like dishes, cups, silverware, towels, bedding or electronics (e.g., cellphone).
- Wear a well-fitting face mask.
- Wash your hands often using soap and water, or hand sanitizer; avoid touching your eyes, nose, or mouth with unwashed hands.
- Clean and disinfect "high touch" surfaces and items every day (tables, doorknobs, light switches, handles, desks, toilets, faucets, sinks, and electronics).

COVID-19 Oral Treatments are available at the following pharmacies:

Mega Drug Pharmacy: FHP Clinic (Please arrange for someone who is not positive to pick up the prescription for you)

SuperDrug Pharmacy: Oka, Tamuning (Drive-Through)

Express Med Pharmacy: Mangilao (Drive-Through)

DPHSS Community Health Centers, Dededo and Inalåhan. Please call 671-635-7400 or 671-635-4410

To receive the oral treatments, you must have a current laboratory confirmed COVID-19 infection and a referral from a prescribing physician.

For more information, call 311 and select option 1 on weekdays from 8 a.m. to 9 p.m. and on weekends and holidays from 8 a.m. to 5 p.m. or call 671-998-4527 or 671-998-4547

